

All★Ohio  
SHINE

2010

Spring

Spectacular!

Awards include:  
Best choreography  
Grand champion

42x42 cheer floor

Our vendor this year is:  
Spiritblasters! for all your  
spirit merchandise!

Concessions available.

Open to:  
Cheer, dance, stunt  
All Star, Recreational  
Schools and Dance Studios

\$10.00 pp team fee  
\$15.00 specialty division fee

**March 7, 2010**  
**held at Mt. Gilead**  
**High School**

Contact:  
Nikki 419-560-1464  
aosshine@yahoo.com  
Becky 419-560-1598

## 2010 Spring School Spectacular



### **Parent Information:**

Video taping is permitted.

Most spirit trophy will go to the team that has the most "flowers" in their flower pot! "Flowers" will be sold for \$1.00 each.

Spiritblasters will be our clothing vendor for this competition. Event t-shirts must be ordered in advance and an order form is available from coaches. **ORDERS** can be taken at the competition as well. Check out the Spiritblasters booth for cool spirit-wear and merchandise!

Tickets are \$5.00 for adults, \$3.00 for students (6-18), 5 and under are free.

Concessions will be available. Outside food or beverage items cannot be brought into the facility.

There will be "photo-op" areas set up for teams. Each team will have a scheduled time after awards in a specific area. Family and friends are encouraged to take team pictures at this time instead of on the competition floor following the competition.

## 2010 Spring School Spectacular



### Coaches Information:

This event is sponsored/hosted by All Ohio Shine.

Although held at Mt. Gilead school, their administration and cheer coaches are not involved in anyway so please direct all questions to Nikki Vanderkooi, AOS Director, 419-947-9482 or 419-560-1464 or to Becky Collins, Booster President 419-560-1598.

Registration fees must be mailed with registration to All Ohio Shine, PO Box 414, Mt. Gilead, Ohio 43338 and **postmarked** by February 20. Late registrations are accepted until February 28. Any registration **postmarked** after February 20 will be accessed a \$25.00 late fee per team entry.

Registration will open at 12:00. Please do not arrive any earlier than 12:00 There will be a short coaches meeting at 12:30 for all cheer coaches. Dance instructors will have a meeting at 2:30. (The latter time is estimated depending on how many teams we have registered)

Upon arrival, please send ONE coach to register with your release forms and tumble/jump off fees (\$2.00 each) & names. Coaches listed (up to two) on the initial registration will be admitted free of charge and will be mailed passes upon receipt of registration.

Only coaches are permitted in the auxiliary gym (it is located behind the main gym area) for warm-up. There are not mats in the auxiliary gym, just a strip for tumble warm up. However everyone will be able to warm up on the main floor before the competition begins. There will be a cd player available during warm-up.

The competition floor is a 42 x 42 cheer floor. Both cheer and dance will perform on this floor. There is not a spring floor at this competition.

Coaches will start and stop their own music during competition and should bring two (cd) copies.

A performance schedule will be e-mailed or snail-mailed to you a week before the competition.

No spray glitter is permitted. Glitter make-up is permitted.



### **Team Divisions**

#### **School/Recreational Cheer**

**Must include cheer and or chant and dance. Music max 1:30, routine max 2:30. May or may not be performed to all music.**

**Varsity Cheer Non-Mount (can be a combination of Freshman, JV, and Varsity) Small (under 8) Large (8+)**

**Junior Varsity Cheer Non-Mount (can be a combination of Freshman and JV) Small (under 8) Large (8+)**

**Freshman Cheer Non-Mount (can only be Freshman) Small (under 8) Large (8+)**

**Jr. High Cheer Non-Mount (Can be 7th grade only, 8th grade only, or a combination of) Small (under 8) Large (8+)**

**Youth Cheer Non-Mount (6th grade and under - school and recreation teams will be combined for this division) Small (under 8) Large (8+)**

#### **All Star Cheer**

**Must include cheer and or chant and dance. Routine max 2:30.**

**May or may not be performed to all music.**

**Abides by USASF levels and guidelines. Check [WWW.USASF.NET](http://WWW.USASF.NET) for information.**



### School/Rec Dance

Routines must be specific to the category entered. Must be done to all music. Routine max 2:30, Routine min 1:15.

**Hip Hop division: No tumbling. (backhandspring step-outs and dive rolls are permitted) No stunting. (barrell rolls are permitted). Partner tricks are allowed.**

**Attire must reflect routine (no cheerleading uniforms permitted).**

**Pom division: must use poms the entire routine. No tumbling. No stunting. Rolls are permitted.**

**Lyrical or Jazz division: No tumbling. No stunting. Partner lifts are permitted. Rolls are permitted.**

Senior Hip Hop (12<sup>th</sup> grade and under)  
Senior Pom (12<sup>th</sup> grade and under)  
Senior Lyrical or Jazz (12<sup>th</sup> grade and under)  
Junior Hip Hop (9<sup>th</sup> grade and under)  
Junior Pom (9<sup>th</sup> grade and under)  
Junior Lyrical or Jazz (9<sup>th</sup> grade and under)  
Youth Hip Hop (6<sup>th</sup> grade and under)  
Youth Pom (6<sup>th</sup> grade and under)  
Youth Lyrical or Jazz (6<sup>th</sup> and under)

### All Star and Studio Dance

Routines must be specific to the category entered. Must be done to all music. Routine max 2:30, Routine min 1:15.

Hip Hop division: No tumbling. (backhandspring step-outs and dive rolls are permitted) No stunting. (barrell rolls are permitted.) Partner tricks are allowed.

Attire must reflect routine (no cheerleading uniforms permitted).

Pom division: must use poms the entire routine. No tumbling. No stunting. Rolls are permitted.

Lyrical or Jazz division: No tumbling. No stunting. Partner lifts are permitted. Rolls are permitted.

Senior Hip Hop (18 and under)  
Senior Pom (18 and under)  
Senior Lyrical or Jazz (18 and under)  
Junior Hip Hop (14 and under)  
Junior Lyrical or Jazz (14 and under)  
Youth Hip Hop (11 and under)  
Youth Pom (11 and under)  
Youth Lyrical or Jazz (11 and under)



## Individual Divisions

### **Cheer (School/Rec/All Star Individuals are combined)**

Senior Tumble (12<sup>th</sup> and under)  
Junior Tumble (10<sup>th</sup> and under)  
Jr. Prep Tumble (9<sup>th</sup> and under)  
Youth Tumble (6<sup>th</sup> and under)  
Pee Wee Tumble (4<sup>th</sup> and under)  
Mini Tumble (2<sup>nd</sup> and under)

Routine may be done to all music. Cheerleading motions, jumps, and tumbling must be incorporated into the dance. Cheer/chant is not required. Routine max 2:00, routine min 1:00.

Senior Non-Tumble (12<sup>th</sup> and under)  
Junior Non-Tumble (10<sup>th</sup> and under)  
Jr. Prep Non-Tumble (9<sup>th</sup> and under)  
Youth Non-Tumble (6<sup>th</sup> and under)  
Pee Wee Non-Tumble (4<sup>th</sup> and under)  
Mini Non-Tumble (2<sup>nd</sup> and under)

Routine may be done to all music. Cheerleading motions and jumps must be incorporated into the dance. Cheer/chant is not required. Routine max 2:00, routine min 1:00.

### **Dance (School/Rec/All Star Individuals are combined)**

Senior Hip Hop, Lyrical or Jazz (12<sup>th</sup> and under)  
Junior Hip Hop, Lyrical or Jazz (10<sup>th</sup> and under)  
Jr. Prep Hip Hop, Lyrical or Jazz (9<sup>th</sup> and under)  
Youth Hip Hop, Lyrical or Jazz (6<sup>th</sup> and under)  
Pee Wee Hip Hop, Lyrical or Jazz (4<sup>th</sup> and under)  
Mini Hip Hop, Lyrical or Jazz (2<sup>nd</sup> and under)

Entire routine done to all music. Category specific. No tumbling. Rolls are permitted. Attire must reflect routine (no cheerleading uniforms permitted) Routine max 2:00, routine min 1:00.



**Duo and Trio Divisions**

**Cheer (School/Rec/All Star Individuals are combined)**

- Senior Tumble Duo/Trio (12<sup>th</sup> and under)
- Junior Tumble Duo/Trio (10<sup>th</sup> and under)
- Jr. Prep Tumble Duo/Trio (9<sup>th</sup> and under)
- Youth Tumble Duo/Trio (6<sup>th</sup> and under)
- Pee Wee Tumble Duo/Trio (4<sup>th</sup> and under)
- Mini Tumble Duo/Trio (2<sup>nd</sup> and under)

Routine may be done to all music. Cheerleading motions, jumps, and tumbling must be incorporated into the dance. Cheer/chant is not required. Routine max 2:00, routine min 1:00. Oldest duo/trio member determines age division.

- Senior Non-Tumble Duo/Trio (12<sup>th</sup> and under)
- Junior Non-Tumble Duo /Trio(10<sup>th</sup> and under)
- Jr. Prep Non-Tumble Duo/Trio (9<sup>th</sup> and under)
- Youth Non-Tumble Duo/Trio (6<sup>th</sup> and under)
- Pee Wee Non-Tumble Duo/Trio (4<sup>th</sup> and under)
- Mini Tumble Non-Tumble Duo/Trio (2<sup>nd</sup> and under)

Routine may be done to all music. Cheerleading motions and jumps must be incorporated into the dance. Cheer/chant is not required. Routine max 2:00, routine min 1:00. Oldest duo member determines age division.

**Dance (School/Rec/All Star Individuals are combined)**

- Senior Duo/Trio Hip Hop (12<sup>th</sup> and under)
- Junior Duo/Trio Hip Hop (10<sup>th</sup> and under)
- Jr. Prep Duo/Trio Hip Hop (9<sup>th</sup> and under)
- Youth Duo/Trio Hip Hop (6<sup>th</sup> and under)
- Pee Wee Duo/Trio Hip Hop (4<sup>th</sup> and under)
- Mini Duo/Trio Hip Hop (2<sup>nd</sup> and under)

Entire routine done to all music. Category specific. No tumbling. Rolls and partner holds are permitted. Attire must reflect routine (no cheerleading uniforms permitted). Routine max 2:00, routine min 1:00. Oldest duo/trio member determines age division.



**Scoring and penalties**

Time penalties (over or under time) will result in 10 pts per occurrence.

Routine penalties (tumbling in non-tumbling divisions, no jumps present in cheer division etc...) will result in 10 pts. per occurrence.

The decisions of the judges are final. If at any time a cheerleader, coach, or spectator displays unsportsmanlike conduct they will be asked to leave the event, we have a zero tolerance policy for this.

Score sheets will be available at the registration table after awards.

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# 2010 Spring School Spectacular



## RELEASE OF ALL LIABILITY CLAIMS

**NOTE:** Please reproduce a copy of this for each of your dancers/cheerleaders. This must be signed by a parent or guardian, if under the age of 18. All forms must be sent in with the registration form or received the day of the competition. No dancer or cheerleader will be allowed to participate in the competition without returning the completed release of liability claims form.

1. In consideration of the Spring Spectacular Cheerleading / Dance Competition, I (print participant's name) \_\_\_\_\_, hereby covenant not to bring any legal action, equitable, or otherwise or to make any claim of any nature whatsoever against All Ohio Shine, Mt. Gilead Schools, its officers, instructors, representatives, and any other persons concerned with my participation in the Spring Spectacular Cheerleading / Dance Competition activities, either directly or indirectly, for any personal injury or injuries including death or property damage which I or incidentally associated, either directly or indirectly with the Spring Spectacular Cheerleading / Dance Competition.

2. I do hereby release and further discharge All Ohio Shine, its officers, employees, and agents, the Spring Spectacular directors, instructors, representatives, MGHS, and any other persons concerned with my participation in the Spring Spectacular Cheerleading / Dance Competition, either directly or indirectly, of any responsibility or liability of any nature to me for personal injuries, death or property damage which may occur, either directly or indirectly, as a result of my participation in the Spring Spectacular Cheerleading / Dance Competition.

3. I make these covenants, releases, and waivers knowingly and voluntarily with full knowledge of any existing dangers in the Spring Spectacular Cheerleading / Dance Competition activities; which dangers, I hereby further expressly voluntarily assume.

4. I further make these covenants, releases, waivers to bind myself, my executives, heirs, and administrators to the fullest extent.

5. I do hereby intend to be legally bound hereby myself, my heirs, administrators, executors, and assigns.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_  
(REQUIRED if Participant is a minor)

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_ Relationship to participant \_\_\_\_\_

Known Allergies \_\_\_\_\_ Insurance Company: \_\_\_\_\_

Insurance Policy or Group # \_\_\_\_\_



Please duplicate and submit a form for each team/division.

**CHEER AND DANCE TEAM REGISTRATION FORM**  
**Spring School Spectacular Cheer and Dance Competition**  
**Sunday, March 7, 2010**

SCHOOL/STUDIO/GYM NAME, COLORS, AND MASCOT

---

HEAD COACH and ASSISTANT COACH NAME (You will receive up to two coaches' passes)

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DIVISION ENTERED

CHEERLEADERS NAME(S)/GRADE

(Please print)

- |           |           |
|-----------|-----------|
| 1. _____  | 11. _____ |
| 2. _____  | 12. _____ |
| 3. _____  | 13. _____ |
| 4. _____  | 14. _____ |
| 5. _____  | 15. _____ |
| 6. _____  | 16. _____ |
| 7. _____  | 17. _____ |
| 8. _____  | 18. _____ |
| 9. _____  | 19. _____ |
| 10. _____ | 20. _____ |

**PLEASE RETURN COMPLETED REGISTRATION FORM WITH PAYMENT BY:**  
**February 20 TO All Ohio Shine, PO Box 414, MT.GILEAD, OHIO 43338**



Please duplicate and submit a form for each individual/duo.

**INDIVIDUAL AND DUO/TRIO REGISTRATION FORM**  
**Spring School Spectacular Cheer and Dance Competition**  
**Sunday, March 7, 2010**

SCHOOL/STUDIO/GYM NAME, COLORS, AND MASCOT

---

HEAD COACH and ASSISTANT COACH NAME (You will receive up to two coaches' passes)

---

DIVISION ENTERED

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CHEERLEADERS NAME(S)/GRADE

(Please print)

1. \_\_\_\_\_ 2. \_\_\_\_\_

**PLEASE RETURN COMPLETED REGISTRATION FORM WITH PAYMENT BY:**  
**February 20, 2010 TO All Ohio Shine, PO Box 414, MT.GILEAD, OHIO 43338**

2010 Spring School Spectacular



**PAYMENT FORM**

**SCHOOL/STUDIO/GYM NAME**

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**HEAD COACH and ASSISTANT COACH NAME (You will receive up to two coaches' passes)**

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**ADDRESS :** \_\_\_\_\_ **ZIP CODE** \_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_ **CELL PHONE:** \_\_\_\_\_

**E-MAIL:** \_\_\_\_\_

# \_\_\_\_\_ X 10.00 (CHEER AND DANCE TEAM FEE - per person, per routine)

# \_\_\_\_\_ X 15.00 (INDIVIDUAL/DUO FEE/TRIO FEE - per person)

\_\_\_\_\_ **TOTAL AMOUNT ENCLOSED**

\_\_\_\_\_ **LATE FEE (\$25.00 per team if entry is not postmarked by Feb 20)**

**We cannot accept purchase orders. Accepted methods of payment are check or money order. ONE check must be submitted. Registrations with multiple checks will be returned. There is a \$30.00 return check fee. Thank –You!**

**PLEASE RETURN COMPLETED REGISTRATION FORM WITH PAYMENT BY:  
Feb 20, 2010 TO All Ohio Shine, PO Box 414, MT.GILEAD, OHIO 43338**



**EVENT T-SHIRT ORDER FORM**

**T-shirts are \$12.00 if you pre-order. Coaches please submit one order for your entire team. Coaches will receive one t-shirt free of charge if a paid pre-order is placed!!! All pre-orders must be placed by February 20.**

**T-shirts can also be ordered at the Spiritblasters booth at the competition.**

\_\_\_\_\_ youth small

\_\_\_\_\_ youth medium

\_\_\_\_\_ youth large

\_\_\_\_\_ adult small

\_\_\_\_\_ adult medium

\_\_\_\_\_ adult large

\_\_\_\_\_ adult xl

\_\_\_\_\_ adult xxl

\_\_\_\_\_ Total tshirts ordered @ \$12.00

Free t-shirt size \_\_\_\_\_

Team or Individual Name \_\_\_\_\_

**PLEASE RETURN COMPLETED REGISTRATION FORM WITH PAYMENT BY Feb 20, 2010 TO All Ohio Shine, PO Box 414,MT.GILEAD, OHIO 43338**